

# Somerset Suicide Bereavement Service

- If you are distressed by a suicide
- Needing support and guidance
- Need a listening ear

**Please call 0300 330 5463**  
or email [bereaved@mindtws.org.uk](mailto:bereaved@mindtws.org.uk)

You will be asked to leave contact details on a voicemail if you wish to receive further support.

You will be able to talk to someone whenever you call,  
24 hours a day.

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This is a service to support anyone in Somerset who has recently been bereaved by suicide.

We offer specialist emotional support, guidance about sorting out personal affairs, liaison with the Coroner's Office, the Police, the media, and when asked, with faith groups

We also provide help to those who are supporting children who have been bereaved.

The Suicide Bereavement Service is open to people who have recently been affected by suicide. You can contact us directly or we accept referrals from doctors and other professionals and agencies.

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## Services

- *Telephone Helpline*
- *Face to Face bereavement support*
- *Information and guidance on practical matters*
- *Peer Support Group*
- *Guidance for adults in contact with children affected by suicide*
- *Help to schools*
- *Young people's support group*

A partnership funded by NHS Somerset between Barnardo's, Cruse and the Somerset Minds, with additional emotional support provided by Samaritans.

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## Resources

[Barnardo's](#)

[Cruse](#)

[Mind](#)

[Samaritans](#)

[Help is at Hand](#)

[Survivors of Bereavement By Suicide \(SOBS\)](#)

[Papyrus](#) Prevention of Young Suicide

[Winston's Wish](#) Childhood bereavement

[WAY Foundation \(Widowed & Young\)](#)

[The Compassionate Friends](#)

Grief Support After the Death of a Child

