

Contact details

Your Carer Assessment Worker is:

.....

Telephone number:

.....

This leaflet is available in other formats, including easy read summary versions and other languages upon request. If this would be helpful to you, please speak to a member of staff.

Date Issued: April 2016
Review Date: April 2018
Impact Assessed: April 2011
Author: County Employment Development Officer
Ref: SS ESS 003 V 2

Employment Support Service for Carers in Somerset



Wishing to retain or return to paid work or self employment in Somerset

Headquarters:
Somerset Partnership NHS Foundation Trust
2nd Floor, Mallard Court, Express Park,
Bristol Road, Bridgwater TA6 4RN

Tel: 01278 432 000 Fax: 01278 432 099
Email: foundationtrust@sompar.nhs.uk
Web: www.sompar.nhs.uk



Somerset
Partnership



Somerset
Partnership

Would you like more information about

- Employment issues
- Finding paid work
- The right time to enter employment
- How paid work might affect your benefits/Carers Allowance
- Keeping your existing job
- Accessing legal advice
- Dealing with difficulties at work
- Self-employment

How we can help you

The Employment Support Service supports carers to gain paid employment on a full or part time basis. We can help in a range of ways, for example to:

- find out what type of job would suit you
- make paid work part of your plans for the future
- search for work in your local area
- prepare a CV, complete job applications and prepare for job interviews
- find positive ways to tell employers about your carer responsibilities

- support you in your workplace with information and advice for your employer
- link in with Jobcentre Plus and other support organisations

Support for individuals already in work

If you are having difficulties at work, we can liaise with your employer to help find solutions to problems. We would get your permission to do this first.

Options to help you keep your job could include

- Planning a successful return to work
- Looking at your work place and recommending ways to make it easier for you to do your job
- Support in your work place
- Supporting your employer to understand your carer needs

Benefits of work

Some of the benefits of being in paid work are:

- improved confidence and self-esteem

- having a valuable role
- meeting people
- improved physical health
- increased motivation and energy
- a sense of achievement

What to do next

If you would like to take the next step towards paid employment, please speak to your Somerset Partnership Carer Assessment Worker who can put you in touch with us.

Comments from Carers that have used the service

“I was delighted to hear that there is a specialist employment service for carers in Somerset.”

“As a full time carer for my son for many years I had lost the confidence to apply for work and received great help and support from the carers employment service.”

“I was given information on my legal rights as a carer in the workplace and this was invaluable in negotiating flexible working in my job.”