



**Somerset**  
NHS Foundation Trust

# Carers' involvement group

Your voice... your say

Carers service

## Patient information

outstanding care  
listening and leading  
working together

# Your views can help shape mental health services

The purpose of this group is to:

1. Promote change countywide on a range of issues affecting mental health carers.
2. Act as a Vision Group of Carers' Voice Somerset, providing input to Carers' Voice in relation to monitoring progress of the outcomes of Themes set out in *Somerset's Commitment to Carers*.

We believe mental health carers have a voice, and their needs should be heard and met.

The group meets every two months and welcomes new members. Travel expenses can be submitted on the day to the carers development manager and reclaimed for attending the meeting.

## We need your input, so register your interest now!

Your views are important to us. The role of caring can be time-consuming and stressful, making it difficult for some carers to attend regular meetings.

However, there are other ways you can be involved in supporting the group. If you cannot attend future meetings but would like to be involved, please send us your ideas or any issues that you'd like us to discuss in the meetings to the carers development manager.

## Carers' group involvement

If you would like to be involved, send us your ideas or receive further information, please complete the form below and send it to:-

Carers Development Manager  
Somerset NHS Foundation Trust  
The Bridge  
Priory Park  
Glastonbury Road  
Wells  
BA5 1TJ

Or for further information please:

Tel: 01749 836 606 or 07774 207 458

Email: [caroline.mead@somersetft.nhs.uk](mailto:caroline.mead@somersetft.nhs.uk)

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone/email \_\_\_\_\_

Comments \_\_\_\_\_



Carersservice/Apr20/review Apr23

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