

01 October 2017

## I.T Help at Home

Bringing Computing to Housebound People in Mendip and South Somerset.

Are you unable to get out of the house because you are elderly or caring for a relative at home?

Are you housebound due to a disability or illness or would you find it difficult to cope with a class situation?

<http://ithelpathome.org.uk/> may be able to help.

We can introduce you to computers and give you twelve free hours of tuition in your own home to show you how to:

- contact relatives and friends using email,
- access online services and support group websites,
- shop online,
- get in touch with other scheme members in the area,
- Type and print letters, articles, memoirs etc.

Whether you are a beginner, or want to advance your skills, we will do our best to help. If you don't have a PC, we can loan you a laptop to get you started.

ITHelp@Home is a registered charity working with the housebound, carers and the elderly in Mendip and South Somerset district.

Contact ITHelp@Home on:

Telephone: 07746 307 972

E-mail [ithah@btinternet.com](mailto:ithah@btinternet.com)

[www.ithelpathome.org.uk](http://www.ithelpathome.org.uk)