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FREE magical festive train ride aboard the Talking Café Christmas Express for unpaid Carers in Somerset

CCS Village Agents (part of the Community Council for Somerset, or CCS) have organised a wonderful steam train festive treat on the West Somerset Railway, for unpaid Carers in the Taunton area. This will take place on the 2nd December in the early evening.

Unpaid carers, who look after someone else, like their partner, parent or child, can apply for a ticket to ride along with the person they care for. Caring for another is very rewarding, but can be lonely and isolating at times. Christine Brewer, Taunton Locality Manager for the CCS Village and Community Agent service, hopes the day trip will be enjoyed by all who attend:

“We are thrilled to be able to offer this free day out for our Carers in the Taunton area. We see daily how hard they work, and how little time they give to themselves, so hope the train ride gives them and the person they care for a lovely break. It’s also a chance to meet others in similar situations, and possibly make new friends. CCS Village Agents will also be on hand throughout the day to provide advice and support as part of our Somerset Carers service.”

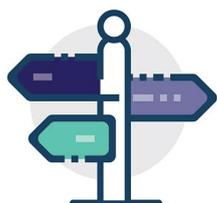
150 places are available on this magical adventure through the stunning Taunton and West Somerset landscape. There will be mince pies and hot drinks for all, and entertainment provided by a local choir, getting everyone into the holiday spirit. If you are a Carer in the Taunton district, book your seats on the train by the 22nd November. Email Christine Brewer christineb@somersetccc.org.uk.

The Talking Café Christmas Express has been funded by Somerset County Council and supported by the West Somerset Railway.

If you would like to find out more about how Somerset Carers support people in Somerset, call 0800 31 68 600, visit www.somersetcarers.org, or text CARER to 78070 for a call back.

CCS Agents have also compiled their annual ‘Christmas in the Community’ festive event listings – a HUGE compilation of things to do throughout December – go to <https://somersetagents.org/sometchristmasevents/>

- END -



EDITORS NOTES:

MEDIA: TO BOOK YOUR SEAT ON THE TRAIN PLEASE CONTACT hannah@somersetccc.org.uk – we'd love to have you on board – it will be a wonderful positive community focused piece celebrating all the support out there for the Carers in Somerset!

Media contacts: Hannah Burbedge Hannah@Somersetccc.org.uk 07495 177175.

Note to Editors: **CCS** (The Community Council for Somerset) is a leading local charity that works in the heart of Somerset's communities to inspire and enable positive change. Through its wide network of passionate local experts and diverse projects, consultancy and funding, CCS brings the right people and services together to improve the lives of individuals; building community capacity and support for emerging and existing enterprises right across the county – helping Somerset to thrive.

For more information visit <https://ccslovesomerset.org>

CCS Village & Community Agents are in your communities across Somerset. They help to bridge the gap between isolated, excluded, vulnerable and lonely individuals and statutory and/or voluntary organisations which offer specific solutions to identified needs. We can offer advice and support to find local groups and activities available in your community and help you with any queries you may have or situations that you need advice and support with. They are problem solving, solution finding super heroes!

Please visit:

www.somersetagents.org / www.somersetcarers.org