somerset carers
part of CCS

CARERS GROUPS in Somerset

MENDIP Carers Groups

Managed by SPARK SOMERSET
INSPIRING COMMUNITIES

WHERE?	WHEN?	WHO DO I CONTACT?
Frome Cricket Ground	1st Wednesday of the month 10.30am to 12.30pm	**Tricia** 01373 301369 Christiner.smith@blueyonder.co.uk
Glastonbury St John the Baptist Church BA6 9DR	3rd Monday of the month 10.30am to 12 noon Bring who you care for and chat to all the volunteers and friends	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Shepton Mallet Shepton Brasserie 66 High St, BA4 5AS	2nd Wednesday of the month 2pm - 3.30pm Activity session for your cared for whilst you join the group.	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Street The Crispin Centre BA16 0HP	2nd Monday of the month 10.30am to 12.00 noon Carers and ex carers welcome	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Wells Bishop's Palace Meeting rooms near the café	2nd Friday of the month 11am to 12.30pm	**Bridget** 01749 670667 info@headsupsomerset.org.uk
Wells The Swan Hotel	4th Wednesday of the month 10am to 11.30am	**Bridget** 01749 670667 info@headsupsomerset.org.uk

SEDGEMOOR Carers Groups

WHERE?	WHEN?	WHO DO I CONTACT?
Axbridge Axbridge Town Hall	4th Monday of the month 2pm - 3.30pm	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Burnham on Sea Waffle Hub Methodist Church 35A College St, TA8 1AS	4th Tuesday of the month 10am to 11.30am	**Cath Holloway** 07951 944420 Burnhamcarers@outlook.com

MORE information

HTTPS://SOMERSETCARERS.ORG/CARERS-GROUPS/

SOUTH SOMERSET
Carers Groups

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WHERE?	WHEN?	WHO DO I CONTACT?
Castle Cary The Shambles, Market House	1st Thursday of the month 10.30am to 12 noon	**Florence Mills** 01963 359081 / fliss1938@icloud.com **Ruth Metherell** 01963 359329
Keinton Mandeville Village Hall	1st Wednesday of the month 11am to 12.30pm Activities for the person you care for.	**Jane Tomkins** 01963 350210 Jane.carers@outlook.com
Martock The Nags Head East Street	1st Thursday of the month 12 noon to 2pm	**Jacky Reed** Jacky.reed@talktalk.net **Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Crewkerne Henhayes Centre South Street, TA18 8DA Main Crewkerne Car park	3rd Thursday of the month 2pm to 3.30pm Flexercise session for your cared for in adjoining room.	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Yeovil Café @ Westlands Entertainment Centre	2nd Tuesday of the month 11am to 12.30pm Activity session for your cared for whilst you join the group.	**Carole Lade** lade7@icloud.com **Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Chard English Martyrs Church Hall 2 East Street	2nd Monday of the month 10.30am to 12.30pm	**Pat Galpin** 01460 220026 **Kate** 01460 394331 chardcarers@aol.com
Ilminster Monks Yard Upstairs, lift available	3rd Thursday of the month 1pm to 2.30pm Join for lunch, contact Alison first.	**Alison Birket** 01935 427825 / 07774 231996 a.birket@btinternet.com
Wincanton and Bruton The RIver Cale Cafe The Recreation Ground, BA9 9ED	2nd Tuesday of the month 2pm to 3.30pm	**Gwen Venters** 07732 145684 **Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
Langport The Bridge Bakery Cafe TA10 9RB	4th Wednesday of the month 2pm to 3.30pm	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk
South Petherton St Peter & St Paul's Church	3rd Wednesday of the month 11.15am to 12.30pm	**Cath Holloway** 07951 944420 cath.holloway@sparksomerset.org.uk

MORE information

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IMPORTANT!

Please make contact with the leader before attending in case of any schedule changes, and so the leader can look out for you to give a warm welcome. Carers can join any and as many groups as they wish as they all have a slightly different offer.

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WEST SOMERSET Carers Groups

WHERE?	WHEN?	WHO DO I CONTACT?
Dulverton Exmoor Medical Centre	2nd Thursday of the month 1.30pm to 3pm from March '23	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk
Minehead Old Hospital The Avenue, TA24 5AY	2nd Thursday of the month 10am to 12 noon	Wayne Stokes 01823 331222 waynes@somersetrcc.org.uk

TAUNTON AREA Carers Groups

WHERE?	WHEN?	WHO DO I CONTACT?
Wellington The Iron Duke Town centre	1st Monday of every month 10.30am to 12 noon Your cared for may attend if needed.	Cath Holloway 07951 944420 cath.holloway@sparksomerset.org.uk

SPARK SOMERSET
INSPIRING COMMUNITIES

ONLINE ZOOM Carers Groups

7pm

Fourth Tuesday of the month

Register here:

https://somersetcarers.org/carers-groups/

and click the blue 'Register' button

This document was last updated on 18/04/23 CLICK HERE for latest version