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Supporting Unpaid Carers at Somerset NHS Foundation Trust

Kindness, Respect, Teamwork
Everyone, Every day

Lauren Hunter - Patient Engagement and Involvement Manager
Opeyemi Ewulomi – Carers Support Worker

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Carers Support Worker - MPH

- Attend wards to proactively identify unpaid carers
- Signpost carers to appropriate support services
- Work closely with Carer Champions across wards
- Attend carer support groups in the community
- Attend bed meetings to support identification of unpaid carers
- Update carers' information packs in partnership with Thrive
- Work alongside Thrive to support carers in the community

Carers Champions

Carers Champions have now been implemented across our wards to better support unpaid carers.
✅ **MPH wards:** Gould, Blake, Hestercombe, Montacute, Conservators, Triscombe older patient unit

✅ **YDH wards:** 4A, 6B, ICU

Opeyemi, our Carers Support Worker, will work closely with each Ward Manager to identify the most suitable Carers Champion for their ward.

Opeyemi will:

Develop and deliver a full training plan for each Carers Champion
Maintain regular contact to offer ongoing support and guidance

Role of the Carers Champion:

- Identify unpaid carers on the ward
- Offer advice, support, and signposting
- Link in with Opeyemi, who will speak directly with carers and refer them to the most appropriate community services

Together, we're strengthening support for unpaid carers and making sure they feel recognised, informed, and supported every step of the way

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Next steps with carers champions

- Having carers champions out in the community hospitals
- Working with the mental health team to get carers champions on the mental health wards
- Having all wards at both acute trusts with carers champions

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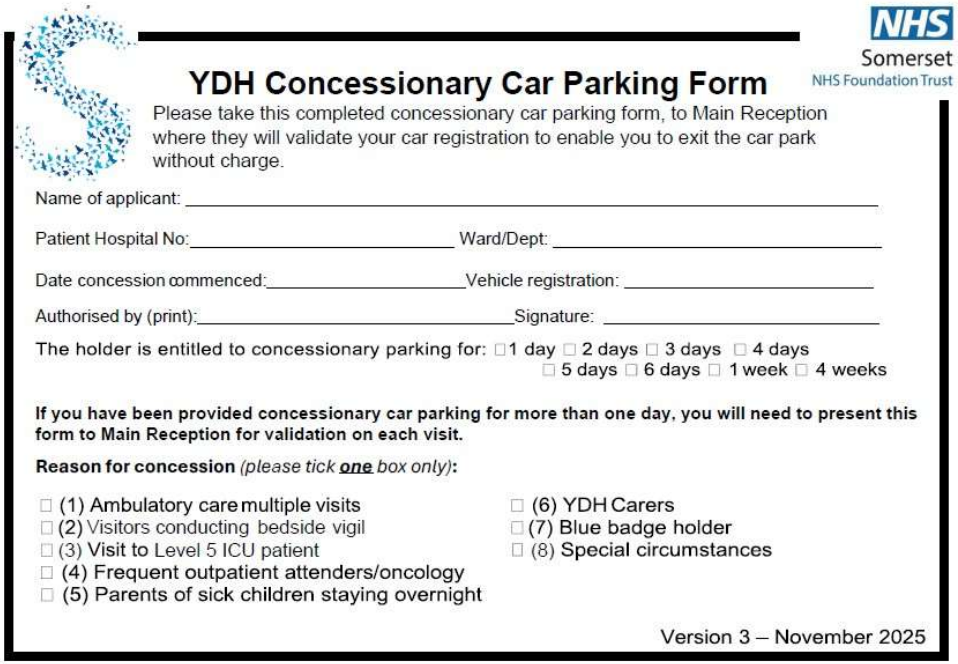
Car parking and Food voucher

Yeovil District Hospital (YDH)

- Free car parking
- Food vouchers available
- Support provided by ward clerks and the Health and Wellbeing Hub

Musgrove park Hospital (MPH)

- Free car parking
- Food vouchers available
- Support provided by the Carers Support Worker for carers only



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YDH Concessionary Car Parking Form

Please take this completed concessionary car parking form, to Main Reception where they will validate your car registration to enable you to exit the car park without charge.

Name of applicant: _____

Patient Hospital No: _____ Ward/Dept: _____

Date concession commenced: _____ Vehicle registration: _____

Authorised by (print): _____ Signature: _____

The holder is entitled to concessionary parking for: ☐ 1 day ☐ 2 days ☐ 3 days ☐ 4 days ☐ 5 days ☐ 6 days ☐ 1 week ☐ 4 weeks

If you have been provided concessionary car parking for more than one day, you will need to present this form to Main Reception for validation on each visit.

Reason for concession *(please tick **one** box only)*:

- ☐ (1) Ambulatory care multiple visits
- ☐ (2) Visitors conducting bedside vigil
- ☐ (3) Visit to Level 5 ICU patient
- ☐ (4) Frequent outpatient attenders/oncology
- ☐ (5) Parents of sick children staying overnight
- ☐ (6) YDH Carers
- ☐ (7) Blue badge holder
- ☐ (8) Special circumstances

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simplyserve

MEAL VOUCHER

From : **Mathieu Eke –Head of Facilities**

To : **The Breeze Café**

Issuing Ward/ Dept : .....

Authorised by: Print name .....

Please be advised that the bearer of this voucher is entitled to spend up to the sum of **£4.50** on presentation of this voucher in the Breeze Cafe in exchange for food and beverages.

No cash equivalent or cash change will be given.

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Health and Wellbeing Hub

- Provides a warm, welcoming, and supportive space for carers.
- Includes a dedicated room located at the back of the Health and Wellbeing Hub.
- Facilities include a coffee machine, fridge, and comfortable sofas.
- Offers carers a place to rest and take respite away from the ward environment.
- The hub provides emotional support for carers.
- Signposts carers to Opeyemi for additional support.
- Signposts carers to local carers' groups and wider support networks.

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Questions?

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